



CHURCH@HOME

SUPPORTING PRAISE

One of the wonderful gifts we can give our children is the opportunity to discover that worship doesn't only happen in church on a Sunday. Praise can become a natural and joyful part of everyday family life, helping children to grow closer to God and recognise His presence in all things.

The good news is that worship at home doesn't have to be complicated. It can be simple, creative, and woven into the rhythms of family life. Here are a few ideas to help your family explore praise together:

Sing or listen to a Worship Song

Music is a wonderful way to praise God and helps children remember truths about His love and care. Choose a favourite worship song and sing it together in the car, at breakfast, before bedtime, or during family prayer time.

You could create a family worship playlist with songs that everyone enjoys. Children often love repeating songs, so don't worry if the same favourites are requested again and again!

Make Music Together

Use simple instruments, pots and pans, shakers, or homemade drums to make a joyful noise for God. Children love experimenting with rhythm and sound, and creating music together can be a fun way to celebrate God's goodness.



Family Praise Hunt

Choose a room in your house, your garden, or go for a short walk together. Challenge everyone to find five things that remind them of God's love and creativity.



For example:

- A flower that shows God's beautiful creation
- A favourite toy that reminds them God provides good things
- A bird singing a cheerful song
- A family member or friend they are thankful for
- A place where they feel peaceful and safe

When you've finished, share your discoveries and say together:
"Thank you, God, for all the wonderful things you have made and for all the ways you care for us."



Thank God Through Art

Some children express themselves best through creativity. Encourage them to create a picture, collage, painting, or model showing something they are thankful for.



You might ask them to draw:

- God's amazing creation
- People they love
- A happy memory
- Something God has helped them with recently

As they create, talk together about why these things are special gifts from God.

Praise God Through Movement

Worship can involve our whole bodies! Put on a worship song and invite children to dance, wave ribbons, march, jump, or move in ways that express joy and thankfulness to God. The Psalms remind us that praising God can be active and joyful.



You could even take a prayer walk outdoors, thanking God for everything you see along the way.

A Simple Family Activity



At the end of the day, gather together and ask:

"What is one thing you would like to thank God for today?"

You could write or draw your answers on slips of paper and place them in a "Thankfulness Jar".

Over time, you'll create a wonderful collection of reminders of God's love and faithfulness.

Dear God,

Thank you for all the wonderful things you give us each day. Help us to praise you with our voices, our music, our art, our movement, and our hearts. Teach us to notice your goodness everywhere we go and to thank you for your love.

Amen.



Worship at home doesn't need to be perfect. God delights in our praise, however simple it may be. Whether you're singing loudly in the kitchen, drawing thank-you pictures, dancing to a favourite worship song, or simply pausing to say "Thank you, God", every act of praise helps children discover the joy of knowing and loving Him. 🧡