



CHURCH@HOME

SUPPORTING ACTION

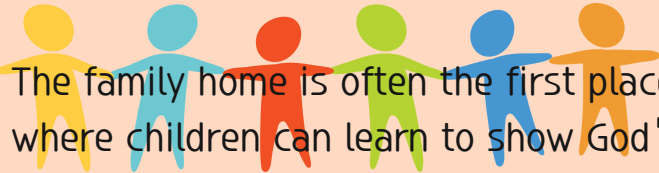
Faith is about more than what we know or believe. It is also about how we live. Jesus taught us to love God and love our neighbours, and even the smallest acts of kindness can be a way of sharing God's love with the world.

As parents and carers, we have wonderful opportunities to help children discover that faith is something we do as well as something we learn. Everyday acts of service can help children understand that following Jesus means caring for others, caring for creation, and using our gifts to make a difference.



Here are some simple ways to put faith into action together as a family.

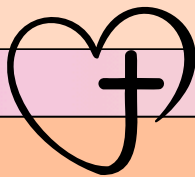
Serve One Another at Home



The family home is often the first place where children can learn to show God's love through action. Encourage children to look for ways they can help without being asked:

- Setting the table
- Tidying toys
- Helping a sibling
- Making a drink for someone
- Writing a kind note for a family member

Remind them that when we serve others, we are following Jesus' example. Even small acts of kindness can make a big difference.



Care for God's Creation

The world is God's gift to us, and caring for it can be an act of worship.

As a family, you could:

- Plant flowers for bees and butterflies
- Pick up litter on a walk
- Recycle household items
- Save water and electricity
- Spend time outdoors enjoying God's creation



Talk together about how caring for the earth is one way we thank God for the beautiful world He has made.

Dear Jesus,

Thank you for showing us how to love others. Help us to be kind, helpful, and caring each day. Open our eyes to the needs of people around us, and give us willing hearts to serve. May our words and actions share your love wherever we go. Amen.

Love Your Neighbours

Jesus taught us to love our neighbours, and children can do this in many simple ways.

Perhaps your family could:



- Deliver a card to a neighbour
- Bake some biscuits to share
- Offer help to an elderly friend
- Check in on someone who might be lonely
- Pray for people who live nearby

Children often enjoy seeing how small acts of kindness can brighten someone's day.

Be a Blessing

Choose one person each week to be a blessing to. As a family, think about what that person might need and how you could show them God's love.

It might be:

- A phone call
- A handwritten note
- A small gift
- An encouraging message
- An offer of practical help

Helping others reminds us that we are part of God's family and that everyone needs kindness and care.

Family Challenge: Secret Kindness Mission

Invite everyone in the family to complete one secret act of kindness each day for a week.

The challenge is not to tell anyone what you've done!

At the end of the week, gather together and talk about:

- How it felt to help someone.
- Whether anyone noticed the kindness.
- How serving others helped you feel closer to God.

This can be a fun way to encourage generosity and thoughtfulness.



Children learn about God's love not only through what we teach them, but through the kindness they see us show every day. Every meal shared, every helping hand, every act of generosity teaches them something about the heart of Jesus.

As a family, let's look for opportunities to put our faith into action. Small acts of love, done with great care, can help children discover that following Jesus is an adventure that changes the world around us, one kind act at a time.