



CHILDREN AND FAMILIES

@DORCHESTER ABBEY



JULY 2026

Dear Families,

Welcome to the first Children and Families monthly Newsletter for Dorchester Abbey! We hope these monthly newsletters will keep you informed about upcoming services and events, as well as provide fun activities and ideas for parents to enjoy at home with their children. We want to help your family grow in faith together, both at the Abbey and around the kitchen table!



At home activities

Kindness Challenge



Make a chart and see how many acts of kindness your family can do in a week:

- Helping a sibling
- Tidying without being asked
- Encouraging a friend
- Writing a thank-you note

Create a Prayer Rainbow

Draw a rainbow with different prayer prompts for each colour:

- Red – Thank you
- Orange – Family
- Yellow – Friends
- Green – School
- Blue – Church
- Indigo – People in need
- Violet – World concerns



Each family member chooses a colour and prays for that category.

Survey

Children and Families at Dorchester Abbey – We Need Your Views!

Please take a few minutes to complete our short Google Forms survey about what we currently offer for Children and Families at the Abbet. Even if you do not regularly attend our events or activities, we'd love to hear from you. Your feedback will help us understand what is working well, what people value, and how we can improve and develop our provision for children and families in the future. Every opinion matters, and the more responses we receive, the more helpful the results will be. Thank you for taking part!

Please click the link to complete the form <https://forms.cloud.microsoft/e/EG9UypRs84>

Upcoming Events

Family Service

This month our family service focuses on Ruth and her devotion to God. The service starts at 10:30am on the 12th July. Come along and enjoy crafts and singing in our 'cafe style' service.

Toddlers

Join us every Wednesday at 9:30am for our friendly Toddler Group. It's a great opportunity for children to make friends and for parents, grandparents, and carers to relax with a cup of tea and good company

Monthly Prayer

Dear God,

Thank you for our home and the love we share. Help us be kind and patient with each other, and to say sorry when we get things wrong. Be with us in our laughter and our worries, and fill our hearts with your peace.

Thank you for each new day you give us.

Help us to notice the good things around us and to be thankful for them.

Watch over our family and our friends, and keep us safe in your loving care.

Amen.

