11am Prayers

*The Lord our Shepherd is with us through this crisis giving rest to the weary, comfort to the bereaved and guidance to the perplexed.*

The Bishops are asking everyone across the whole diocese, every disciple of Christ, to pause at 11 am each day if your work permits and say Psalm 23 and the Lord’s Prayer (with Pope Francis and our Archbishops).

Psalm 23. A Psalm of David.

The Lord is my shepherd, I shall not want.

He makes me lie down in green pastures;

he leads me beside still waters;

he restores my soul.

He leads me in right paths

for his name’s sake.

Even though I walk through the darkest valley,

I fear no evil;

for you are with me;

your rod and your staff—

they comfort me.

You prepare a table before me

in the presence of my enemies;

you anoint my head with oil;

my cup overflows.

Surely goodness and mercy shall follow me

all the days of my life,

and I shall dwell in the house of the Lord

my whole life long.

Our Father, who art in heaven

hallowed be thy name,

Thy Kingdom come, thy will be done,

on earth as it is in heaven.

Give us this day our daily bread.

And forgive us our trespasses

as we forgive those who trespass against us.

Lead us not into temptation,

But deliver us from evil,

For thine is the kingdom,

the power and the glory,

for ever and ever.

Amen.